

# What Are You Doing With Your Life?

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*What are you doing with your Life..... right now..... as you read this..... what are you doing with your Life?*

Are you actively creating the success you want – whatever that might be for you – or are you actively creating not having the success you want?

Think of your Life as an investment – how is that investment working for you? If your Super Fund was performing as well as you are right now, would you be thinking of changing Funds?

Let's get tough – bottom line is simply "Results or Reasons".

Put bluntly, what you have is what you settled for..... so the real question to ask yourself is why have you settled for what you've got if it isn't what you want? Results are simply the product of what you know and how you apply yourself to what you do. If you don't like the results you are producing, then what you know and how you are going about it are not enough.

This 'performance equation' is simple .....  $A + B = C$ . Change A or B & you will change C – no matter what aspect of your Life you apply it to.

Why do so many people continue to complain about the results they produce in their lives yet they continue to use the same investment strategy? Why do so many people – ordinary people just like you – not understand the simplicity of this 'performance equation' - which clearly they don't because they continue to live their Life in the same old way, producing the same old results – which they continue to complain about in the same old way. Terminal mediocrity!

Let's talk about success. What does "success" mean for you? Think about that for a moment.

What are your "success" pictures? What "success" do you want? What "success" do you need? Take a few moments to pick up a pen and write down what "success" is for you – whatever it might be.

Like many people, you probably didn't pick up a pen!

The concept of success is often just too hard for some people – which is why some people settle so easily for what they've got – "at least I've got this..... plenty of people are worse off than me....." being the justification masquerading as grateful. Examine the logic of that justification – my life is not what I want it to be but that's OK because it is not as bad as someone else's. That justification is based on the belief that you lack any power to produce any change in the circumstances of your life. It is a belief – not a fact – but people allow the belief to act like a fact and so they produce no change in the circumstances of their lives. Terminal mediocrity.

What if you did have the ability to change the circumstances of your life – to overcome the barriers to success you encounter so often in front of you? How would your life be different? How different would you be?



Start with this..... there are only 2 barriers to success.....

1. Not knowing how
2. The State you are in ..... and I don't mean Queensland or NSW.

Not knowing how is easily rectified – find out how to do it – information is available more freely than at any time in the history of the planet so no excuses on not knowing how to do it. The State you are in simply means what are you telling yourself which robs you of even the remotest possibility of achieving what you want? I'll use the old Henry Ford quote – "If you think you can, you can. If you think you can't, you can't. Either way you're right"

What you tell yourself is the result of training yourself to think the things you think in the manner in which you think them. No-one forces you to think what you think and you act out those thoughts producing the behaviour called I can't do it. That's a **HABIT** – an acronym for **H**aving a **B**ehaviour **I**nfluence you **T**otally. Terminal mediocrity.

This brings us back to my earlier statement - what you have is what you settled for. If you don't like the results you are producing – stop making it so easy for yourself to accept your excuses. Do something about it and your Life will change. The alternative is terminal mediocrity!

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